



Carreg Trust Ltd
Registered Number: 4544822
Registered in Wales
Registered Charity Number: 1096691

Friends of Dy Encil Carreg

Spring Newsletter 2005

www.carregtrust.org.uk

NOTES FROM THE CHAIR

Annwyl ffrindiau. Dear friends,

Lots of news and information in this first newsletter for 2005 reflecting the many exciting developments in the work of Carreg Trust on Bardsey. But let me share with you some particular thoughts.....

A very warm welcome to our two new Directors Martin and Liz Suter... both of whom have had a long association with the island.

They have kindly agreed to oversee our 'Friends' organisation, donations and gift aid. A vital job as Carreg depends for it's financial survival upon the generosity of Friends making a regular donation.

In the house this year we will be installing a manual pump so that we can make use of the water supply from our own well. Whilst on the subject of water, the island had for the first time for many years an abundance of water in the autumn of 2005 which has 'topped up' the water table. In fact it was at times an over abundance, and

if it had not been for the quick action by Patrick, who looks after the house for us over winter, we would have been flooded by one of the many springs and streams that sprung up on the field above the house ... difficult to believe isn't it !

Carreg Trust is now actively exploring the possibility of a long term resident. Someone who would be devoted to the life of prayer and could also help to look after the house and our visitors. Current plans would mean that our 'resident' would occupy the house over winter when it is closed to visitors, and then have their summer accommodation in part of the Hermitage outbuildings.

We will be installing a solid fuel stove in the lounge of Carreg for use 'out of season'.

We hope to see as many of you as possible during the year. Let's hope that you can all find a time to come and stay.

Or maybe you can join us on July 24th for our day pilgrimage and annual open day.

Many blessings to you all.

Nick.

*Gras a thangnefedd a fo gyda chwi
A'ch cadw yng nghariad Crist*

Bookings and more information including details of travel to Bardsey from:
Revd. Nick Hawkins. Bryn Mor. Llangwnadl. Pwllheli. LL53 8NS.
Tel. 01758 770582
nick.hawkins@btinternet.com

SISTER HELEN MARY

Sister Helen Mary (died 1999) spent many years at Carreg Hermitage as a solitary leading the traditional life of prayer and work during the 1970's and 1980's.

We are very pleased to be able to say that Revd. Canon Andrew Jones based at Llanbedrog on Llyn is currently researching Helen Mary's library and papers on our behalf.

If you have any information about Helen Mary, particularly if you met her, then Andrew would like to hear from you. You can contact him through the Carreg Trust address.

SPECIAL OFFER !

EARLY AND LATE SEASON BOOKINGS FOR GROUPS OR INDIVIDUALS IN 2005.

The house is now available for early and late season bookings by either groups or individuals at a discounted price of £85pp or the whole house for £250. This only applies to the following dates, weeks beginning :

16th April 23rd April
1st October 8th October

Friends get a further discount on these prices

COME FOR A QUIET TIME ON YOUR OWN OR WITH A PARTNER

Just as in previous years we have set aside a few weeks when we only take bookings from individuals or couples rather than groups and have a maximum of 4 persons staying in the house. Weeks remaining with availability are :

16th July
27th August
7th May

RESTING IN THE PRESENCE OF GOD

A Retreat led by Revd. Mary Lewis
June 11-18

Just a few places left!

'This retreat will include a daily pattern of prayer and communion, time for sharing together, times for silence and support in meditation. But above all it will be based upon the practice of the 'presence' of God and the 'space to be' and to enjoy the wonder of the island. It is an informal retreat and all parts of the programme are optional allowing space for those who wish to spend as much time as they need to be alone, outside or in silence. Although the retreat will not be in total silence, this will still be an aspect of our week on Bardsey.' Mary Lewis

A retreat organised by Carreg Trust.
Fully catered. Cost £300

CARREG RETREATS IN 2005

We have 3 led retreats organised for 2005.
They begin on week beginning Saturday

June 11th: 'Resting in the presence of God'. Revd. Mary Lewis.
July 16th: 'Nature and Spirit' David Russell and Revd. Nick Hawkins
August 13th: 'Island Spirituality' Revd Nick and Janie Hawkins

Mary Lewis's Retreat will cost £300 and the other two £230, fully catered all inclusive. Friends of Ty Encil Carreg have a 10% discount.

Friends of Carreg Trust

A message from Liz Suter, one of our new Directors and now Carreg's Gift Aid Secretary

Through the generosity of the Friends of Carreg Trust, the Trust is able to continue with work needed to make the Retreat House welcoming to visitors and retreatants alike. Each year when the house is opened up after the winter, rooms have to be repainted, cleaned and generally made ready. The garden is cleared and weeded and Ty Bach repainted and cleaned. During this year the Directors are hoping to have a multi-fuel burner fitted into the sitting room. This will entail a lot of work and expense as scaffolding will need to be erected outside, up to the top of the chimney. However, the benefits will be considerable. The house will be kept dry and warm which should reduce the need for frequent internal redecoration, and make the house available during the winter months. To achieve all of this, of course, takes money. So I hope you will bear with me and take time to read the following. Our most important source of income is from donations and standing orders made by Friends. Without this bedrock of support the Trust would struggle to achieve the standards and the vision that we feel called to. Which is to provide a place where individuals can meet with God through prayer, contemplation and the beauty and tranquility of Ynys Enlli. Of course some of you will have already done this - thank you. In 2005 it is our intention

- to bring the database containing the list of Friends up to date
- to encourage all Friends to complete a Standing Order mandate for, hopefully, at least £25.00 per year

- to encourage all those who are tax payers to complete a Gift Aid form.

As a charity we can claim 28p in the pound back from the Inland Revenue at NO COST to you. So on a donation of £50, we will receive £14 extra. This is a most important source of additional funding. We shall be sending all Friends a Standing Order form / Gift Aid form / S.A.E. in the prayerful hope that many more of you will be able to put your donations onto a regular monthly or yearly basis. We shall also be placing in Ty Encil Gift Aid envelopes for those visitors who wish to donate money and who are tax payers. All that is needed is to fill in name and address and to sign it. This is most important since without it we cannot make the claim for Gift Aid rebate. Thank you all for your support which is greatly appreciated. May we all continue to place this vision before our friends, neighbours and those we meet through our work so they may have the opportunity to share in and experience a time apart with God.

Liz Suter. Llanishen. Chepstow.

COME AND STAY FOR JUST A FEW DAYS

If a whole week is too long then we have several weeks when you can come and stay individually. A few of the dates available for small group can be booked for just half a week - either Saturday to Wednesday OR Wednesday to Saturday. This applies to the following dates, week beginning :

7th May	14th May
18th June	23rd July
27th August	24th September

Defining Enlli

Overlapping Spiritualities on a Sacred Island

The Second Bardsey Island Spirituality Colloquium
15-17 July 2005. Aberdaron.

Organised by the Centre for the Study of Religion in Celtic Societies,
Lampeter, and the Spirituality Committee of the Bardsey Island Trust

Spirituality is more than simply religious settlement and worship but raises wider questions of perception and definition of space and place. This will be the theme of the Bardsey Island Colloquium, to be held in Aberdaron on 16 July 2005.

In this Second Bardsey Island Spirituality Colloquium, a series of panel discussions and keynote lectures will explore the broad themes of spirituality and place in connection with Enlli. In particular, we will reflect on the ways in which those who travel to Enlli - scientific, religious, tourist - bring to the island varying 'spiritualities', as well as differing definitions of Enlli as a place. The colloquium will present an occasion to resource and set agendas for the future use of the island in diversity and harmony. The Colloquium is organised by Dr Jonathan Wooding of University of Wales, Lampeter.

There will be an opportunity for participants to visit Enlli on the Sunday.

If you would like more information or wish to book a place then please contact
Revd. Nick Hawkins. Bryn Mor. Llangwnnadl. Pwllheli. LL53 8NS.
nick.hawkins@btinternet.com

SATURDAY 24TH TO WEDNESDAY 28TH SEPTEMBER 2005

FISHING TRIP TO BARDSEY ISLAND

CALLING ALL FISHING ENTHUSIASTS !

Many of the first disciples as well as being shown by our Lord how to be 'fishers of men' were also fishermen. For some of us nothing has changed ! Maybe you are 'called' this year to come and join us at Carreg in September for a few days fishing on the island.

The idea is to try as many different forms of sea fishing as we can and to go after as many species as are around in late September ...which is the optimum fishing season for West Llyn waters.

Most of the fishing will be from the rocks. However, If the weather and sea state allows the plan is to also boat fish on two days..... wreck and reef plus mid-channel 'deep sea'. We have a fast boat ... the Benlli 3on the island that can take up to 6 rods. A small boat might also be available for some inshore fishing.

Rods and baits can be provided.

The main aim is also to relax and enjoy good company and good food.

The cost will be £110 per person which includes all food and accommodation and also includes the boat fare from Pwllheli (which is £30). If the weather allows us to get out in the boat then the cost of this will be extra (£20 per person per session) and is optional.

All food is included but not beer and wine ... we usually suggest that everyone brings something to share.... no pubs or shops on the island !



Nick Hawkins is the Chairman of Carreg Trust
... and also a keen fisherman and cook ...
he is organising the trip and cooking for you.
Please contact him.

WE REMEMBER

We remember Mary Chitty of Llangwnnagl on Llyn who died on Monday January 31st aged 99 years and had a lifelong association with Bardsey Island. All of our thoughts, prayers and condolences are with Anna Georgina her daughter and all the family.

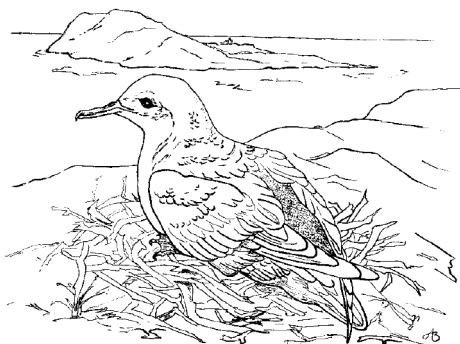
Mary wrote the two volume work on 'Monks of Enlli', a permanent memorial to her gifts as a scholar and to her deep love for the island.

She and her husband Father Derwas Chitty, came to the island regularly in the 50's and 60's with groups of young people from his parish in Berkshire and she continued to be part of the retreat movement on the island until the turn of the century.

To quote from Donald Alchin's book 'Bardsey: a place for pilgrimage':

"...they discovered that the island spoke to people of very different ages and very different temperaments. Each one discovered it for himself ... recognising in Bardsey a place with a very special monastic heritage that is a place which has been marked by the presence in it of a community dedicated to prayer and the constant praise of God..."

We hope and pray that Carreg Trust can carry on that same 1500 year old tradition of prayer and praise of God that was recognised and practiced by Mary and Father Derwas.



CARREG PAST, PRESENT AND FUTURE

Carreg Trust is hoping to be able to eventually publish a book on the history of Carreg Fawr and the Hermitage and its contribution to the community and spiritual history of Bardsey in the last 130 years.

The book will include essays on notable residents such as Sister Helen Mary, Brenda Chamberlain and Bessie Williams and her family. If you have any information, reminiscences or suggestions for further research then please contact us.

ISLAND SPIRITUALITY

A Retreat led by Janie and Nick Hawkins
August 13-20 2005.

This year Nick and Janie will again be running a week on Bardsey and it will be very much like their retreats in recent years. They hope and pray that any changes that take place will be entirely God given and right for those who come to the island in 2005. So all the usual ingredients and more:

- The island and all it offers us of itself
- Morning and Evening worship together
- Fellowship and sharing our journey together
- Space and time for quiet with God
- Rest and recuperation

The theme again this year is 'Island Spirituality', following the traditions of prayer and solitude and making the time and space just to be with our Lord in this sacred place. There will be an emphasis this year on the gift of silence through private prayer and meditation.

A retreat organised by Carreg Trust.
Fully catered. Cost £230



**BARDSEY ISLAND TRUST
SPIRITUALITY COMMITTEE
BARDSEY CHAPEL
RESTORATION APPEAL
Can you help please?**

The Chapel on Enlli has an important place in the hearts and lives of many of us who have visited and know the island. Worship and prayer continues there throughout the year with island residents full-time and seasonal; island Chaplains lead Sunday services and summer visitors find a place for quiet and reflection. Ringing the bell for the call to worship is a vital part of the Chapels history, past present and future. However the Bell Tower structure is unsafe and the Bell will not be able to be rung again without major repairs. Thus the Bardsey Island Trust Spirituality Committee is launching an Appeal in 2005 for funds to complete this work early in 2006. We need to raise £5000 to cover the cost of this work and other essential repairs to both the outside and inside of the Chapel, including refurbishing the organ. For 130 years this Chapel has served the people of the island, residents and visitors alike, we now need to secure it's future. Please help.

Please send your donations to Nick Hawkins. Chairman. Bardsey Island Trust Spirituality Committee. Cheques made payable to 'Bardsey Chapel Restoration Fund' Revd. Nick Hawkins Bryn Mor Llangwnnadr Pwllheli LL53 8NS

**GOING TO THE ISLAND AND NEED TO
STOCK UP WITH FOOD?**

Please support our local shop
in Aberdaron.

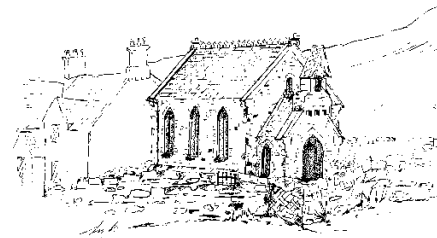
If you are embarking at Porth Meudwy then The SPAR shop can take your orders for your time on the island and box it up ready to go to the boat. (Their meat and bread is particularly good).

Contact JOHN or SIÂN
on 01758 760234

**BOOKING YOUR GROUP'S VISIT TO
TY ENCIL CARREG
IN 2005 MAIN SEASON**

We are welcoming more groups than ever this year which means there are now only a few weeks left if you want to book the whole house for your visit. Weeks beginning :

30th April	21st May
18th June	25th June



**Celtic Jasper Clocks of
Ynys Enlli (Bardsey Island)**

Created on the Llyn Peninsula using Jasper from
Llanllawen Fawr. Uwchmynydd, Aberdaron.

The Bardsey Island clock is one of several designs that are being produced in the Uwchmynydd workshop and is currently only available in a wall hanging design. The dimensions are approx. 12"X 5" and are fitted with a Shontek precision quartz movement holding a 1 year guarantee and a certificate of authenticity as to its Welsh Jasper heritage.

£45.00 plus P&P
(Cheque or cash only)



For more information please contact.
Mr. C. Wood 01758 760 528

NATURE AND SPIRIT 2005.

A VERY SPECIAL WEEK ON BARDSEY LED BY
DAVID RUSSELL AND NICK HAWKINS
17th to 23rd July 2005

“This retreat is for people who need time out in a relaxed spiritually alive environment. It is open to people of any faith and people who are searching. There will be time for joy in our being together and time for silent contemplation in our being apart. This will be set in the context of the ongoing Christian prayer and worship on this pilgrim’s island. Ynys Enlli is the island of 20000 saints and 10000 pairs of Manx Shearwaters. Spirit and Nature are ever present in this place. We will be living simply for the week without electricity or conventional supplies of running water. For that time, the pace of the island will dictate the pace of our daily lives and lead us naturally into a state of inwardness; a renewed awareness of ourselves. Having simplified our lives, we look into the mirror of nature and move a little way towards an understanding of who we are. The island holds us in its stillness. Surrounded by the vast and often turbulent sweep of the sea, we will also explore a nature that is wild; untamed, unruly and perhaps troubling. Sharing is an important part of the retreat as it is of island life. We will all wish to share whatever we have of knowledge, skills and understanding and make a contribution to the work of others on the island.” (David Russell. September 2004)

THE RETREAT WEEK WILL BEGIN ON THE SATURDAY IN ABERDARON WITH THE GROUPS PARTICIPATION IN THE
2ND ENLLI COLLOQUIUM ORGANISED BY UNIVERSITY OF WALES LAMPETER

‘Defining Enlli Overlapping Spiritualities on a Sacred Island’

WE THEN TRAVEL TO THE ISLAND ON THE SUNDAY.

COST FULLY CATERED IS £230PP. DETAILS FROM NICK HAWKINS

Siop Ty Encil Carreg Shop

The ‘in-house’ shop has proved to be extremely popular and very successful during the 2004 season. It brought in almost £500.00 in gross takings, and is therefore an important part of our overall income.

I have tried, wherever possible, to find local sources for all our purchases, or to sell items that have been produced by people associated with the island in some way.

Therefore, during the 2005 season there will be:

- * Postcards especially produced for Carreg Trust.
- * Greetings cards.
- * Fridge magnets of island scenes.
- * Books including the new edition of A M Allchin’s ‘Bardsey: a Place of Pilgrimage’.

* Icons from the Orthodox Church in Blaenau Ffestiniog

* Jewellery from local Llyn sources in handcrafted pottery, and in pewter with semi precious stones

* Wooden boxes with celtic detail, and ‘holding crosses’ made by local Craftsman, Joe Worthington.

*Photographs of aspects of Ty Encil Carreg & Bardsey Island by professional photographer, Martin Paterson, ready mounted.

For enquiries, or more detail about any of the items for sale contact me on 01758 770582 or

janie@mvrllangwnnadr.fsnet.co.uk

Many thanks for all your support.

Janie Hawkins (Housekeeper).

CARREG TRUST OPEN DAY SUNDAY 24TH JULY 2005.

An invitation to all our friends and supporters to join us on a day pilgrimage to Enlli.

- The house and hermitage will be open for all visitors.
- Island pilgrimage trail.
- Special service of re-dedication for the work of Carreg Trust.
- The boat will leave at 12.30 from Porth Meudwy return at 18.00.
- Carreg Trust shop and stalls.
- Cost will be £25 to include lunch.

Tea and cakes at end of visit in aid of Bardsey Chapel Restoration Fund



Benlli III 07817 944063

Boat trips and charter from
Aberdaron [Porth Meudwy]

Fishing, Coastal Cruises, Bird,
Dolphin & Seal Watching, Sunset Cruises

We would be pleased to cater for special interest
groups or those requiring a particular itinerary.
Please telephone to discuss your requirements.

Please note that all bookings are subject to weather conditions
and whilst every effort is made to avoid cancellations at short
notice, they may occasionally occur.

STOP STOP PRESS !

Late Booking Opportunity!
Book the House for
2 weeks in August!

Due to a last minute cancellation
this prime slot is now available

Weeks Beginning
30th July & 6th August

Contact Us for more Info!

www.cddweb.co.uk



*All your
Web Design needs
in one place!*

Jane A Davies
Pant Distaw, Rhoshirwaun,
Pwllheli, LL53 84T
01758 750236 jane@cddweb.co.uk

St Hywyn's Church, Aberdaron

Forthcoming Events:

February: Owain Glyndwr Exhibition

July: Flower Festival

May - Sept: Retreat Days 2005

Find out more: www.st-hywyn.org.uk



Paterson Photography

Landscapes of Ynys Enlli (Bardsey Island)

Available on the island,
via mail order or over the internet from

www.patersonphotography.co.uk

on the landscapes page.

Contact us for more information.

T: 01792 429077 M: 07801699549

E: martin@patersonphotography.co.uk

STOP PRESS !

Due to a cancellation the house is now available
for booking by your group for the week from
Saturday 9th to 16th July. We can offer the house
that week at the special rate of £350 + boat fares.

CARREG TRUST

PATRON The Right Honourable Lord Newborough of Rhug. **FOUNDER** Revd. Evelyn Davies MBE.

CHAIRMAN AND BOOKINGS. Revd. Nick Hawkins.

DIRECTOR AND HOUSEKEEPER. Janie Hawkins

DIRECTORS AND 'FRIENDS OF TY ENCIL CARREG'

ADMINISTRATORS. Dr Martin Suter and Liz Suter.

Nick and Janie Hawkins along with Martin and Liz Suter form the Management Committee
along with Ian and Betty Wood who advise on the House and Gardens.